

ENRICHMENT Planner

Mon

Tues

Weds

Thurs

Fri

Sat

Sun

Pick two or three things to do each day. Avoid using activities from the same group in one day. Also mix up the groups you pick from each day. This way your dog will enjoy a wide variety of activities through the week. The activities listed are just examples, feel free to make up your own fun!

EXERCISE

Swimming
Off lead Hike
On Lead Snifforama
Running

FOOD DELIVERY

Stuffed (frozen) Kong	Snuffle mat
Activity / puzzle feeder	Treats in loo roll
Scatter feeding	Treats in empty bottle
Training	

CHEWS & TOYS

Change freely available toys
Consumable chews (ears, puzzles etc.)
Interactive games - tug, flirt pole, retrieve

OTHER ACTIVITIES

Scent work
Ball pit
Digging
Sports/training club

